

2023 Programme



Sunshine Coast NWR Morning Group

DATE	TOPIC
25th January	Planning topics for 2023
22nd February	Harry & Megan - Your thoughts and ideas?
22nd March	Do you have a bucket list? What items have you ticked off and what are still to do?
26th April	A morning visit to Abbey Museum and then lunch at Sandstone Point.
24th May ***	Podcasts. Do you listen to them? Is that for education, entertainment or just to pass the time? Do you have suggestions of podcasts worth listening to?
28th June	One habit you want to get rid of and one habit you want to keep!
26th July	A visit to Bankfoot Heritage House, Glasshouse Mountains
23rd August ***	All around the world marriage is in decline. Why is this? Do you think we can handle living without it?
27th September	Describe the two most interesting places you have lived and why you found them so.
25th October	Body image. What does it mean? What has Taryn Brumfitt had to say about it?
29th November ***	One Christmas memory of our parent(s) from our childhood. Christmas lunch 🎄 🎄 🎄